



Tune-crazy Toccatones spread unique harmony

By **Bryan A. Rothamel**
Staff Writer

"A one, two, a one, two, three, four" and off with practice they go. Twelve men wrapped around a piano to sing in an empty Pauline Theatre. These men have an obsession, and it has led to enjoyment for many music-lovers.

Toccatones president, Tony Starner, jokingly says, "[The Toccatones] are a group of guys that get together with a singing problem." You see, this a capella group can't seem to stop singing. These fanatics have greeted students at open houses, sporting events and the President's inauguration.

One corner of the grand piano has a man playing air drums yet his voice sounds like the drum set is present. Another corner of the piano has two of the guys singing "do-dum, do-dum" until the end of the short song. The others sing the music and finally, one lead singer does the lyrics.

This is the recipe for unpleasant noise unless the group is the Toccatones.

They are the realization of the late music professor Todd Carter's dream of having an a capella group at HPU. Carter was originally from the North, and when he introduced himself it sounded like, "Tocata." The group added "tones" to Todd Carter.

This group is like no other. Their quirkiness is evident in their practice. "Our personality comes out in the music," Dane Jackson says. It also comes out in all facets of their show.

On stage they wear jeans, sports

jackets, shirts and ties. The attire is "uniform in an individual way," Starner says. Their clothes are a mismatched group creating an interesting effect. Their whole focus is to perform an awesome show.

The music ranges from the *Little Mermaid's*, "Kiss the Girl" to Gnarlles Barkley's "Crazy." Impressively, the group arranges their own music. "Over the

than a music teacher. They greet him like the regulars at the bar on Cheers welcome Norm. He is just there to play the piano as they practice.

The sense of a family is ever present. Find one member and another is close behind. In the Café, they sit together enjoying a quick bite and conversation. They hang out with one

another in their free time and are found in Facebook photos together. "We are a singing family," Starner says.

The family sticks together over time. Recent HPU and Toccatones' alumnus Mike Maykish supported the Toccatones last April in the Pauline Theatre. During the concert, Maykish's professional band opened for the student group. Maykish sings baritone for *Almost Recess*, an a capella group from Washington, DC.

The current singing family, along with Starner, Jackson and Bliss, includes: Adam Utley, Carter Burns, Ben Hensley, Josh Fast, Ben Tutterow, Clint Cooper, Blaine Russell, Tommy Conner-ton and Harris Walker.

Already this year the Toccatones have sung at admissions' open houses, Girls' Night Out, the annual Thanksgiving lecture and gigs at Harrison's on Main Street. For more information on future events, go to www.toccatones.com.

"Alright, sounds good. See you tomorrow," Starner says. Practice is over.



Left to right: Dane Jackson, Clint Cooper, Ben Hensley, Blaine Russell, Josh Fast, Tony Starner, Ben Tutterow, Carter Burns, Patrick Bliss, Tommy Conner-ton, Harris Walker. Not pictured: Adam Utley. Picture from toccatones.com

summer I would call [Starner] and ask if we can do this. He would say, 'Go for it,'" Patrick Bliss recalls.

The practice of the first song quickly flows into another song they are starting from scratch. It is almost painful for the average listener to follow because each part is sung individually. The song does not come together until all are singing. Then, the music is crystal clear as if a song is coming in clearly over the radio.

A teacher walks in to help, but these men find the man more of a friend

Hayworth Chapel celebrates 35 years of success

By **Bryan A. Rothamel**
Staff Writer

High Point University celebrated the 35 anniversary of the Charles E. Hayworth Sr. Chapel Nov. 7.

Over 400 sat in the pews and aisles to hear President Qubein give opening remarks and Dean of the Chapel, Dr. Hal Warlick, preach. HPU welcomed special dignitaries including Charles E. Hayworth Sr.'s son, David Hayworth.

Warlick's sermon was on changing for the good. "U-turns are permitted by God," Warlick said.

In the past, the chapel made a turn when the administration decided to move the service from Sunday morning to Wednesday night.

When the original idea of moving the service was presented, "[The trustees thought] we had lost our minds!" Warlick said.

Charles E. Hayworth Jr., the man who funded the chapel building and service, believed students would come.

They came in big bunches. Attendance soared including last year's record-setting average of over 200. The original Sunday service averaged 35.

In the sermon, Warlick said, "We are malleable so God and life can form and mold us."

Luckily enough, the chapel was

also malleable. When the students outgrew the original layout of the chapel, Hayworth Jr. funded an expansion project to add a balcony.

Qubein opened the service by showing the necessity of the chapel on



David Hayworth, the brother of Charles E. Hayworth Jr. who donated the money for the chapel to be built, stands in the chapel that carries his family's name. Photo by Pam Haynes

campus. "This institution is never bashful or shy to talk about faith and invite others in the circle of our faith," Qubein said.

"Inviting" is right; the chapel service can be taken as a class through the religion department.

Students from all faiths attend services and write a paper of reflection on

their time in chapel.

The students in attendance all dressed nicely for the momentous occasion. Many students sat with their respective organizations.

Despite this obvious division in seating, "Chapel at HPU is always comfortable. It is a place where you can always feel at home," junior Brittany Crews states.

So comfortable that students find lasting relationships.

At a recent wedding of an HPU graduate, Warlick overheard other graduates saying the wedding felt like being back in Hayworth Chapel. Parents at the wedding told Warlick, "You at High Point do chapel really, really well."

The chapel is operated by the student Board of Servants, enabling students to manage the whole service along with changing the service to benefit the attendees.

The crowded chapel was told by the dean, "God has given you life; do something with it!"

Thankfully, for over 100,000 students attending services since 1989, Hayworth Jr. had given the chapel on campus, and they have done something with it.

On the Run: What's New

Akinade receives E. Vance Davis Distinguished Service Award

Dr. Akintunde E. Akinade, associate professor of Religion, received the 2007 E. Vance Davis Distinguished Service Award during the fourth annual Evening Degree Program Faculty Appreciation Day on Oct. 25.

Faculty Appreciation Day was created in 2004 to honor outstanding faculty in the program. The E. Vance Davis Distinguished Service Award, which is presented to a faculty member nominated by EDP students, was established in honor of Dr. E. Vance Davis, former vice president of academic affairs, who served the university for 30 years.

Akinade serves as the adviser for the Genesis Gospel Choir and teaches courses in world religion, Biblical studies and Christian thought. In 1996 he co-edited "The Agitated Mind of God," a book that was selected as one of the 15 most outstanding books in mission studies by the Overseas Ministry Study Center in New Haven, Conn.

Phoenix Festival honors students in fiction and poetry

The annual Phoenix Literary Festival was held on Nov. 16 in the Pauline Theatre and presented awards to top contributing writers from High Point University.

In the category of poetry, Desiree Abad, Jenna Abriola, Pamela Haynes, and Bess Gutenstein received honorable mention, Chloe-Marie Keveryn received second place and Jenna Abriola received first place.

For fiction, Jack Winn received honorable mention, Pamela Haynes received second place and Jenna Abriola received first place.

Keller Seminar to be taught by Lamin Sanneh from Yale

The annual Keller Seminar will be taught this spring by Dr. Lamin Sanneh, the See On the Run, pg. 10

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The salutation should read: To the Editor. Letters should be typed and should not exceed 300 words. They must be signed and include the author's phone number and address for purposes of verification. No letter will be published without confirmation of the author's identity. Please do not send anonymous letters or form letters.

The staff reserves the right to edit letters for length, clarity and grammar, in addition to the right to reject a letter based on the judgment of the editors and advisers.

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Continued tree destruction fails to catch attention from students

Staff Editorial

Chainsaws screamed, heavy equipment rumbled through campus, and trees came crashing to the ground. Yet hardly a word was spoken against this by High Point students.

No, this was not the scene behind Slane Center on Sept. 28. Plenty of students became involved in the mostly online debate and protest of those trees' destruction (see "Student saves trees on campus" in the Nov. 2 issue of the Campus Chronicle).

This setting was just northeast of North College Drive and East Lexington Avenue in late October and early November, where trees were torn down by the hundreds to make way for new housing and dining accommodations for students, a three-building facility that will be open to students beginning in Fall 2008.

We the staff of the Campus Chronicle were stunned to see the lack of student involvement against the removal of wild territory, when compared to that of the previous month. The trees between Norcross Hall and Slane Center will be replaced by ponds and an arboretum, while those on North College, adjacent to University Village will not be replaced by future foliage, but rather by more brick-with-white-wood-trim residential halls. What we find ourselves asking is "why?"

"I think that students are louder in their complaints about the tree removal near Slane for several reasons. First, that area is unavoidable by most students; if you live

on that side of Blessing, you look out your window to it. Also, when you eat in the caf, or walk to class, or are simply within hearing range of the construction, you're affected. It's hard to ignore," freshman Ellen Shelton said.



Above is a portion of the area recently stripped of trees. At right is the area where the protested trees fell. Photos by Mike Nuckles.

some students protested directly to

President Nido Qubein and the construction crews themselves. Others, such as senior Lisa McKinney, took out their frustrations on the Internet. McKinney founded a Facebook group called Students Against the Destruction of HPU Campus, which soon became an open forum where students could discuss the trend toward construction and from natural settings on campus.

When discussing the nature of the group, McKinney said, "when I formed the Facebook group, 'Students Against the Destruction of HPU Campus,' I was greatly upset, just having seen trees fall to the ground right in front of me on the way to class. I don't think that the campus is being destroyed, I just believe that the natural beauty of it is becoming less of a concern."

She went on to say forewarning was the main issue with the first case. "We

Following the removal of the trees near Slane Center,

were not prepared for those to be removed. I really did enjoy the trees around Slane as I walked across the bridge to my class every day and it was definitely a very devastating sight to be walking by right as they smashed to the ground. I just wasn't ready for it. I didn't realize that was the plan for that area of campus. Had I known in advance, I would have voiced more of an opinion prior to the construction taking place," McKinney said.

Dr. Judy Isaksen, a faculty member

in the Nido Qubein School of Communication, believes an open forum for those interested in discussing issues at High Point before they happen would solve many of the problems we currently experience in this and related incidents.

"It's the classic struggle of technology versus nature, and though I love technology, we need to be

mindful of our organic roots in the face of progress. Bottom line, the lack of protesting to me is secondary to the lack of open dialogue that needs to take place as this campus marches forward," Isaksen said.

The staff of the Campus Chronicle believes that students should stick to their morals and keep protesting if they feel wronged. Do not give up in the face of adversity! The outrage some felt after the first set of trees were torn down was a positive thing for the University, and whether you agree with the protesters or not, it briefly opened dialogue between students and the administration.

If you feel your opinions are being repressed, raise heck about it. Do not give into cognitive dissonance. Do what you feel is morally right, and let the world know it.



Top left: Trees on College Dr. lay in heaps. Above: David Hayworth Park is cleared of trees. Photos by Mike Nuckles

Straight Talk From Dr. Nido Qubein

The importance of having a legacy

Dear Student:

The impact of your life will be determined by your "dash."

When you die, your tombstone will be engraved with the year of your birth and the year of your death separated by a dash (1970 — 2050). The dash is your life. What you did. How you lived. The lives you touched. The legacy you left behind. The more purposefully engaged you are in helping others, the deeper and finer and more memorable is your dash.

Many of us are busily marking tasks off our "To Do" list, but how many of us are thoughtfully creating our "To Be" list? The only way to create and execute on a meaningful "To Be" list is to also have a "Stop Doing" list. Aristotle said it best: "Excellence is not an art. It is a habit." We can't be excellent half of the time and be in a comfort zone the other half. We're either excellent or we're not.

Good habits are hard to develop but they're easy to live with. Bad habits are easy to develop but hard to live with. Excellence is a habit. Stewardship is a habit. Philanthropy is a habit. These habits touch people. They plant seeds of greatness

in the lives of others. They create your legacy in a lasting and authentic way.

None of us can honestly start out inventing our legacy. Rather, we are who we are and we do what we do. The world notices and assigns to us the definition of our legacy. The best legacies are innocent



by-products of a life lived well and a heart overflowing with tender love. Seek not fans, fame and fortune, but instead faith, family and friends.

I want it to matter that I lived at all. Not for personal gain but for the need of knowing that when God breathed in my nostrils and gave me life, He intended for me to use it well. To help a person. To light a candle. To build fires so others can warm themselves. To dig wells so others can quench their thirst. To construct strong bridges so others can travel across them.

What a universe this would be if enlightened self-interest were to inspire us all to do good and to be good so we can be more, have more, give more! Our challenge is not to aim crusades at people to ignite their sense of legacy, but to form partnerships with them. Partnerships to frame our world with a tapestry of gentle caring and unselfish serving ... and to guarantee a bountiful dash.

We love you and thank God for you.

Nido Qubein
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Fasting Student acquires renewed outlook

By Samantha Hester
A&E Editor

Warning: Depriving yourself of food will lead to your licking every crumb off your plate.

I recently fasted for four days. The idea came to me one late night/early morning while I was gnawing on a log of raw cookie dough. I wasn't even hungry. I was eating simply to be eating, because that is what one does when one sits in front of the computer for hours on end, right? I decided to prove myself wrong.

The following morning I began my fast. I was only to allow myself water and orange juice. The first day went well. It wasn't until mid-afternoon of the second day of my fast that the hunger pains began to set in. My dad preparing a meal consisting of my favorite dish didn't help my stomach any either. Nonetheless, I pressed on.

By the third day, I was beginning to realize something—the body accommodates well to change. I had altered my eating habits from eating whenever I felt the notion to not eating at all. The lack of food didn't hurt anymore.

Although the hunger pains had faded, my body began to react in a different way by the morning of day four. I felt weak the moment I woke up. I stumbled through the school day due to my lack of energy. I looked like a zombie. By the time that evening arrived, my body had proceeded to express its feelings and I had begun to shake. I decided that it was time for me to eat. I had achieved my goal.

Some people ask me if I did this for religious purposes, while others ask if I am crazy. The reason is simple. I wanted to gain an appreciation of food and the way that it tastes and an understanding of what people all over the world feel like everyday that do not have food. I resolved the concept of what it means to be grateful through fasting and now have an understanding of something that some people will never know. I chose to know it.

Today, when I eat, I eat with a purpose, and food is more than a painkiller. I eat when I am hungry, not to simply be eating because there is nothing better to do. I eat slower, so as to truly savor the taste of the food and to appreciate the blessing I have received in the form of an edible substance. Today, I never leave a crumb on my plate. Some people will not have their next meal until a few days from now; therefore, I feel it is my duty to not waste what I have.

I gained more sustenance in those four days of fasting than any ounce of food could have provided.

P.S. For those of you who may be wondering what my first meal was after completing my fast, it was a grilled cheese, my all-time favorite thing to eat. Cheese never tasted so rich.

Do some campus activities endorse sexism?

By Lauren Croughan
Staff Writer

When we were little, we were given either dolls or guns to play with. Our parents picked out pink or blue paint-spattered nurseries. As teenagers we have grown into our own as much as we could, while emphasizing male or female roles. Guys didn't want to be perceived as wussies for not being on a sports team, and for girls the pressure of being beautiful could be overwhelming.

College is supposed to be a place that breaks down all these barriers in order to let every individual's tastes form his or her personality. People who cross the ideas of masculinity and femininity should not be barred from expressing their individuality.

Unfortunately, this is not the case with the Boys Night Out and Girls Night Out activities which are sponsored here at HPU.

These activities put people into categories, essentially the same categories we have been separated into for all of our lives. The University, Student Life in particular, needs to know that *people cannot be put into categories merely based on gender!* For example, I thought *Superbad* was the funniest movie I had seen in a good while; *Halo 3*, in my humble opinion, is the God of video games; and I am a huge football fan. However, these are the activities slated for Boys' nights out, as scheduled by the university. I must go to the massage and manicure, watch a stupid, boring romantic comedy, and try not to die of shame in the process.

It's okay if you like the things that I don't like. I just don't want to be stuck in an environment that makes me read *Cosmo* when I want to play *Grand Theft Auto*. I am an individual who speaks for me. But being barred from things I do like because of my gender is *discrimination*. The university should not have programs that base the activities on gender stereotypes. Not liking the things I am "supposed" to like does not make me more or less feminine than other girls; nor is a guy who does not like what he is "supposed" to like more or less masculine than other guys.

This antiquated way of thinking should go the way of other discriminatory practices: get rid of the events or invite everyone. Whoever wants to participate will show up. You might be surprised.

Why young adults shy away from public service (and why we should be concerned about it)

By John Winn
Opinion Editor

Youth, to quote the famous saying from Oscar Wilde, is wasted on the young.

From the moment college grads receive their diplomas, they jam their hands in many different pots, aimlessly groping for the answer to the age old question "What next?"

The image of the rootless twentysomething searching for his or her next fix has become such a familiar fixture of politics and pop culture over the last 50 years that it has almost become cliché. Think of the Beat Generation of Jack Kerouac's "On the Road" or the Generation X of Cameron Crowe's 1991 movie "Singles." While Generation Y'ers aren't nearly as confused as their predecessors about the direction they want their lives to go—having narrowed their focus to public service and business, respectively—the fact that many are wobbling following the troubles in Iraq and Afghanistan and an uncertain economy back home is a great shame and cause for concern for America lovers everywhere.

According to a recent study conducted by the Pew Research Center, at least 34 percent of 18-25 year olds say they see a greater participation among their peers in community/public service activities, such as Americorps and the Peace Corps. This despite a 20% increase in the number of 18-24 year olds who have signed up to do a public service activity, according to the 2005 report by the Corporation for National and Community Service. The disconnect

between perception and reality, an issue in today's media-saturated world, is a shock to many who for some have held up Generation Y as the 'Greatest Generation' of the 21st Century—the same generation



that toppled the Taliban, toppled Saddam in Iraq, volunteered to go into New Orleans to assist the Katrina refugees and so on. Yet the pessimism among young adults these days fostered by the decline of America's standing in the world is real, especially since it is helping to drive able-bodied youths away

from community service into more lucrative prospects like business and the entertainment industry. Compounding the issue is the souring of the public on controversial issues like the wars in Iraq and Afghanistan and the student loan crisis, but those aren't the only reasons for 18-25 to 'drop out' of public service, as it were.

One of the major problems with my peers, I think, is the misconception that public service is only for careerists like State Department wonk (and distant relative of mine) George Kennan, not to mention countless legions of grunt soldiers like our fallen heroes in Iraq and Afghanistan. I won't deny that the Army or Navy plays a significant role in mobilizing young people today just as much as the armed forces did for my grandfather's generation 60 years ago. But they aren't the only games in town—college graduates interested in devoting their lives to public service can

also volunteer to serve in the Peace Corps or with nonprofit groups like the Red Cross and America's Second Harvest. No one group has cornered the market on the public service industry, and unlike our father's and brother's generation 15 or 25 years ago, there are actually more opportunities to serve than as soldiers or sailors. With the passage of time, the definition of who constitutes a public servant has changed dramatically from the heydays of the Kennan and the Greatest Generation of our grandfathers and grandmothers' time.

Understandably, college grads—and their parents—have fears about public service, especially if they or their sons and daughters are posted overseas. Public service asks a lot of its devotees. Men and women are expected to sacrifice their livelihood, their social lives, even their bodies if necessary. Yet in exchange their minds are opened to a range of practical, personal and spiritual experiences that will prepare them to be better workers, better spouses and better citizens. No less a luminary than author-comedian Kinky Friedman has called his service in the Peace Corps "the best time of my life."

But if even that testimonial doesn't persuade anyone to volunteer, look at it this way: which would be preferable: spending two years in a hut in rural Columbia or the next five years of your life drunk and spread out in the couch wondering what to do with your life? Either way, none of us is getting any younger, so it's now rather than later.

Letter to the editor:

Professor questions selection of commencement speaker

To the Editor:

At a time when considerable resources are being allocated toward the University's image, the decision to invite Justice Thomas as our spring commencement speaker is indeed curious. Harvard University Professor Orlando Patterson wrote recently in the *New York Times* that Thomas "berates disadvantaged people who view themselves as victims of racism...yet harbors self-pitying feelings of resentment and anger at his own experiences of racism. He frequently preaches the virtues of honesty and truthfulness, yet there is now little doubt that he lied repeatedly during his confirmation hearings" about his legal views and allegations of sexual misconduct. As policy HPU "may invite to

campus speakers whose ideas and expressions may be alien to the philosophy of the University [and that] those speakers' concepts might well be used as learning experiences." Thomas' commencement address will not qualify as a "learning experience" in the truest sense. He will get to address a captive audience of graduates and faculty under circumstances providing no opportunity for debate or rebuttal.

Thomas's impending visit does, however, provide an opportunity for "learning experiences" to occur in the classroom prior to his arrival. In the spirit of academic freedom, I will devote time in my social deviance course this spring to addressing some of the allegations made against him. Students will have the opportunity to decide for themselves whether the allegations

surrounding Thomas are accurate and fair. Where discipline appropriate, I hope that some of my colleagues will also embrace this opportunity to address the controversies surrounding Thomas.

As a university, we welcome diverse opinions. At the same time, it is critical to everything we claim to stand for that dissenting voices be heard when those opinions are deemed offensive to many. How we choose to respond will send a message. One only wonders what that message will be and how it will be received.

Dr. Terrell A. Hayes
Associate Professor of Sociology

Chivalry isn't dead; One woman's rediscovery of the chivalric code

By **Rebecca M Fleming**
Staff Writer

"Chivalry is dead because women killed it," a guy friend told me one evening while I was doing some office work. Preoccupied, trying to balance eating double-stuff Oreos and updating the directory of our church's youth program, I left his "observation" untouched. Meaning I didn't say anything to him about it. But I did hear him, and I agree.

Three years ago, I opened one of my first columns with that paragraph. At the time, I had every reason to think that chivalry was indeed dead – or perhaps as I wrote then, "just mostly dead, like Wesley (Cary Elwes) was in *The Princess Bride* after being hooked to that really weird machine that sucked life out." I certainly didn't expect to see such a change in the way of things in merely three years. But I have.

Chivalry is not guys, knights, in shining armor riding around jousting with other knights or slaying dragons. Chivalry is not bravado or grand adventures and quests. Chivalry is honor and respect. To be chivalrous is to be faithful – to your word above all, and to those around you (your ladylove, your authority, your friends). It's a mindset and a way of living, not just a role played while trying to win a girl's attention.

While I am very much a romantic (I'm the girlie girl who loves happily-ever-after tales), I also have a pretty strong pragmatic streak that serves as a balance at times – I fully recognize and acknowledge the world is not a happily-ever-after reality. It's the pragmatic streak that recognized the absence of chivalry in modern times was in part a result of the feminist movement and girls simply not wanting guys to act chivalrous towards them because then they

would be expected to act like ladies. In a world that champions being the alpha male (regardless of actual gender), who would want to be demure and listen to someone else's point of view, let alone let them take the lead in any thing at any time? The romantic in me first saw glimmers of chivalry's slow resurrection, and cheered to have won one over the pragmatic.

Three years ago, when I wrote the original column, nearly all of my guy friends who read the piece agreed – one even went so far as to admit he was never chivalrous (we already knew that, but his honesty was refreshing). All of them seemed to agree with my theory that Feminism had ultimately killed chivalry, and that girls just didn't seem to want a Knight in Shining Armor or even a Gentleman.

More recently, I was talking to a friend about a paper on Feminism he was writing, and he made the observation that chivalry isn't dead: Feminism kicked it in the butt for holding the door and so it's hiding in a corner. Do I even need to say I loved that statement and agree whole-heartedly? I was encouraged that there were guys out there who believed in chivalry, but wasn't convinced any were going to be crawling out of the corner any time soon. I was mistaken.

Since August, more doors have been held open for me than were opened during my whole college career. At times, the guy holding the door would come back out of the building to open it for me, or would just grab the door handle even if he

were not going in himself. (This occurs when my hands are empty, and not just when I've got my hands full of mail or other things). This, my friends and readers,

is a very positive development.

Another positive development in the resurrection of chivalry is an increased number of guys speaking respectfully to the girls around them – and girls returning the favor.

That's a key thing to remember:

chivalry is give-and-take. If girls want guys to act more chivalrous towards them, they need to act more like ladies. Chivalry is not a sign of weakness in either sex – it takes more guts and dedication to live chivalrously than to take the easy way out and be selfish, boorish, and mildly obnoxious.

Does the increase in respectful words and opened doors mean chivalry is back? Nope. Just that it's on its way to recovery. There's still a long convalescence period for dear old Chivalry. Too often there are "pretty words" mixed with the respectful – the words guys know girls want to hear, and that frequently result in pretty un-chivalrous actions, or heartache. There are still guys who are friends with a girl for one reason, and end the friendship when they realize it will never happen. And there are still guys who say one thing, promise even!, and do the exact opposite without even blinking. But I still hope, and the little signs I'm seeing – the glimmers of a forgotten practice – make me believe that Chivalry is going to be alive and well far sooner than I ever thought.

"Chivalry is not guys, knights, in shining armor riding around jousting with other knights or slaying dragons...Chivalry is honor and respect."

Believe it or not: College students can reduce stress

By **Jessalin Graham**
Staff Writer

Drinking, partying, chilling out with friends and living it up – thus goes the stereotypical idea of college life. Contrary to popular belief, High Point University students face a wide variety of obstacles that all college students face each day, all of which are much more serious than the time and place of the next keg party.

College students do a lot more than go to class. Many have jobs and participate in extracurricular activities, including volunteer work. Among all the stressors that students have to deal with, making the grade ranks high on the list. Unfortunately, in many cases the individuals who fail to understand the stress of college life are those who have the highest expectations for a student's grades. This in itself is yet another source of stress for the student.

Stress can cause procrastination and disorganization and can even lower the immune system. These reactions to stress lead to even more stress – creating an endless cycle. Luckily, there are a few remedies that can relieve stress caused by the sometimes overwhelming college life: prioritization, organization and learning to say no.

Prioritization is a vital aspect of stress relief. If students make a list or a calendar of assignments, including the due dates of major projects and tests, then

they can get them completed in order. Taking one assignment at a time instead of thinking of all the assignments that are due that day at once will make a huge difference. Students can also post a schedule with work times and club meeting dates somewhere they will be sure to reference it so they can make their free time activities fit better around other commitments. There are calendar features on google.com and yahoo.com which enable the user to access a personal calendar from any computer, and a copy of the calendar can be directly sent to one's email inbox. As a result, students will be less frazzled and have a clearer idea of what they need to do each day.

Organization is equally important in helping to decrease college stress. Little things like laying out the next day's clothing the night before reduces stress a great deal. Packing books, notebooks, and assignments in a location that is easily accessible on the way out the door prevents students from running around in the morning, grabbing random items from all over the place and realizing by the time they get to class that they forgot half of their belongings.

Once students prioritize and

organize their lives, they can see where they have free time, if any, and where they

have room to schedule in more activities. Students often continue taking on new things when they should say no instead. They feel like they can do it all, and often want to do it all, because it sounds possible at the time. However, students get

overwhelmed when they realize they have too many activities going on after they have already added the new activities into their schedules. At this point it is too late to back out and students are stuck with yet another activity that consumes hours that they do not have. Learning to say no is an imperative skill that students must master. It gets easier when they have their schedules mapped out in writing so they have a clearer picture of the amount of free time they actually have.

Although none of these options will totally eliminate the stress college causes students, it will certainly make a difference in the severity of it, and in turn will make college a little easier and more enjoyable.

"College students do a lot more than go to class. Many have jobs and participate in extracurricular activities, including volunteer work."

Widening the Rio Grande involves several risk factors

By **Katie Nelson**
Staff Writer

They say everything is bigger in Texas. The US government wants to make that adage a reality by widening forty-two miles of the Rio Grande River in order to prevent people from crossing over illegally from Mexico into the United States. Currently the river is two feet deep at its shallowest and about 167 feet wide. The US government wants to make the river about 500 feet wide and ten feet deep at its shallowest. Obviously, it will be extremely difficult for any person to wade in ten feet of water while crossing a river for 500 feet. The plan of government officials is that it will take illegal immigrants four to five minutes to cross the river, giving Border Patrol enough time to spot and retrieve them. This certainly brings up a great many questions. Will changing the river affect the land and people around it in other ways? Is this the solution to our immigration problem? Will widening this river bring about the death of immigrants crossing the river?

The Rio Grande River, or Rio Bravo, as it is called in Spanish, stretches 1,885 miles from southern Colorado to the Gulf of Mexico in Texas, where it empties into the ocean. Vessels are not able to navigate on the river; however, many people have crossed the river by other means in search of freedom. Originally, slaves in Texas crossed into Mexico in hopes of finding freedom; now many people are using the river to come to America for a new life. Since 1944, the Rio Grande has been legally owned by both the United States and Mexico, since it borders both countries. This means that both countries must agree to the widening of the river if it is going to happen. So far, the Mexican government has shown support, but there are many cities in both the US and Mexico which have not agreed to the plan.

There are two major problems with widening the river. The first is the risk to human life. It is an immense physical task to ford a river which is ten feet deep and 500 feet across. Some officials are concerned that immigrants might drown in their attempt to get across the river. The people behind this project say that they do not want anyone to get hurt; they just want to provide an efficient barrier to impede illegal immigrants. Some officials deny the possibility of people drowning.

The other problem is the question of whether the widening of the river will affect the surrounding area and the river itself. The Rio Grande has been facing drought for some time. In 2001, the Rio Grande almost failed to empty into the Gulf of Mexico. So there are many questions as to whether widening the river will fuel the drought. Also, the river is going to cut into the Rio Grande's desert flood plain. In Texas, New Mexico, and Colorado, this would cut off some ranchers' access to the river and to fresh water.

This river could create a natural obstruction and prevent illegal immigration into America. It would seem that using a natural defense would be better than building 700 miles of fencing. However, there are drawbacks. As this situation unfolds, it is to be hoped that the right decision can be made quickly and competently and allow us to keep stable relations with Mexico.

Resident Assistant soul searches for true thankfulness over holiday break

By Dan Costello
Staff Writer

Some traditions die hard; some never at all. However, there are times when you wish you could kill the tradition on spot, pack up, and go home. The thing is, because something is a tradition, it's like a taboo to even have the thought of ending it. There's an unwritten rule that if you break a tradition, you will forever be remembered as the black sheep of the family, the one who must have been adopted.

Well let me tell you, if that tradition includes standing on the starting line of a race next to the rest of your shivering, numb family members on Thanksgiving Day, being a black sheep might not be such a bad option. Never mind that the race day temperature is 37 degrees. Never mind that you will be running into a stiff 15 mph wind off the lake for over half the race. Never mind that in addition to the wind it is half sleeting, half raining. Never mind that you just finished a 12-hour car ride back from school. Point made. Thing is, we as human beings do lots of insane things in the name of family and tradition. Sometimes we just do them to do them - just because that is the way it has always been done. Other times we genuinely enjoy the experience it brings us. I was part of both types of traditions this past Thanksgiving and as I look back, I am very thankful for both.

Every year my family and I run the Turkey Trot on Thanksgiving morning, no matter what the temperature or what family is in town. Sometimes it is just the six of us; at times we have numbered fourteen. However, this is not my story and this is not the tradition I want to focus on. My focus is on a new tradition we started as a family this year, one in which we honor the day for what it is, a day for giving thanks. You see, this is the first year in quite a while in which we as a family celebrated with both my mother and father's sides of the family on the same day. After spending the afternoon eating a great feast with my father's side of the family and seeing them off, we headed out to my Mother's sister's house. When we arrived we were thrust into the middle of our new tradition, in which we all stated what we were thankful for.

No sweat, I thought, there is plenty to be thankful for; when it comes my turn I'll have no problem chiming in. However, as the family members took turns talking, I couldn't help but wonder what I really, truly was thankful for. I could have played it safe and gone with health, happiness and home. Too late - cousin Katie took the words right out of my mouth. I could have been heart-warming and said I was thankful for my family, especially my parents, but too bad - my sister Emily just said it. I could have gone the religious route and thanked God, ooh, just missed it - Aunt Barb made the solid choice. So many choices, so little time! The pressure was on and I had to make a decision about what was I thankful for. How many times would it run through my head before it came to me? I couldn't be cliché and I did not want to repeat. The time was up and I was the last one to go; I had to make a mark.

What was I thankful for? I was thankful for an open invitation to return

home during Thanksgiving Break. I was thankful for parents who wanted me there and who would have been upset had I not decided to come. So many times as an RA I see and speak to residents who are not excited to go home on break or will not return. Some of that is due to distance, but usually they do not feel comfortable or welcome in their own homes. Can you imagine going to bed at school every night, not knowing there is at least one place that will always welcome you?

I was thankful for opportunity; the opportunity to make a difference in the world and leave it a better place than I entered. I have been gifted with so many talents and so much support that I know I need to do something meaningful with my life.

I was thankful for the opportunity to make a difference in a child's life through a peer mentor program. I know for a fact had I not had positive peer and adult influences in my life, I would not be in the position I am today.

I was thankful for youth. Although I am young myself, I am still grateful for the fact that every day there are plenty of young, energetic, impressionable minds waiting to be molded into saviors, heroes and family men. If I screw up, they will be there to pick up the slack and clean up my mess.

I was also thankful for being wrong. For making mistakes. For not being omniscient. Forever, throughout my childhood, all my relatives (the ones now staring at me) would tell me that my sister and I would grow up to be the greatest of friends. That one day we would talk about anything, shoot the breeze and plan whose house would host the next holiday. However, being the wisdom-filled child I thought I was, I couldn't understand what they were talking about, especially when my sister's head was stuffed in the couch because she had bit me for the eighth time that night. Au contraire, since my sister Lauren has gone to college this semester I find myself calling her on a regular basis to talk about anything, just to shoot the breeze. We have yet to plan holidays (exams are hard enough), but that day will come.

I write this not to make you feel obligated to give thanks, or to feel bad for forgetting to do so. However, this is a new family tradition that I thought was important to pass along to other families to help remember that we should give thanks to what we hold most dear during the holiday time. Remember; none of this would be possible had those brave men and children not stepped onto the battlefield during the 1700's to stand up for what they believed in, and it would still be impossible today if those brave men and women overseas did not step onto the sand every day and sacrifice their holiday time, so we can have ours.

I am thankful for the people who have been lost over the years in the name of liberty and freedom. I am thankful for the people who stand against evil today and protect those very same ideals, and I am thankful for those families who are strong enough to allow their own to go and do what they believe in. (Thanks for this, cousin Robbie) I am thankful for my parents for showing me the path and allowing me to do what I want with it, and I am thankful to God for the chance to do it!



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A rundown of the pros and cons of HPU circa 2007

By Bryan A. Rothamel
Staff Writer

HPU administrators understand the idea of a changing society. HPU is in midst of a change. In daily life, humans change on a constant basis. Sometimes we change the clothes we wear, the path taken to class or the people we converse with. Some of these changes are for the best, others for the worse. The same is true at High Point University. Let's look at four points that are good, bad, ugly and great.

Good: A good change is branding. One of the most important things a company can do is brand itself. The same is true with an institution. Many people know what the "D" with a devil next to it means—Duke University. At one point, no one knew what the HPU logo looked like. We had the one logo that looked like a hot coffee mug. We had Roberts Hall letterhead logo and my personal favorite the university seal. I only like to see that on a diploma. The HPU written across the bottom of the pool, on the floor of Slane, on the backs of t-shirts, and illuminated in Slane's entrance—now they give you a brand. Branding is needed for the company's customers (students) and employees (staff) to feel good about where they are. Branding also lets visitors know how proud the company is. HPU is proud to band itself everywhere possible, and that is a good thing.

Bad: A negative aspect of the transformation is some people forget where we come from. How many freshmen know who was president before Dr. Qubein or can name the many accomplishments of President Jacob C. Martinson? It is important to remember where we came from so that

we can capitalize on the glories of the past and learn from the errors. Yes, there was a university before Jan. 3, 2005 that we all should be proud and know of.

Ugly: Sometimes our growing pains grow larger than we can accommodate. Students living on campus increased by 300 from 2006 to 2007. We increased our student body by 400. It was a marvelous change that can help stimulate our community and everyone's minds. It also can make you wait longer for food and rush the cooks. Our cafeteria has excellent food. The problem is not what the staff makes but that it is not ready to accommodate this many students. The cafeteria was built in 1970. The students living on campus were far fewer than the 1700 today. It pains me to walk to the caf, where my money has already been spent, to find no fries and quickly cooked food. I do not blame the caf, though. The staff is working hard under strict conditions. We need another cafeteria to handle the growth. The present situation is a definite black eye to a beautiful transformation. A facility that can seat so many students doesn't mean it is ready to serve that many students.

Great: A great aspect of HPU is that we are a small university with big university capabilities. Come up with an idea that seems unusual and unreasonable and HPU finds a way to make it work. A concierge should be found in 4-star hotels to direct you around Rodeo Drive in Los Angeles. Well, HPU students, see if you find Paris Hilton and Lindsey Lohan walking down Kester International Promenade soon. If so, just don't get in the car with them.

Witty comments 'tastefully inserted' into Hitman's dialogue

By Jessalin Graham
Staff Writer

Director, Xavier Gens, gets 5 stars for Hitman, which provides not only a perfect amount of action, but a strong plotline as well.

"How does a good man decide when to kill," proclaims Agent 47, played by Timothy Olyphant, as he points his gun at Interpol Agent Mike Whittier, played by Dougray Scott, after sneaking into his house. From there, 47 flashes back 3 months to begin his story, and the audience is forced to wait until the end of the movie to discover the answer to his question. A lot can happen in 3 months; especially when a mysterious assassin, a young woman with a serious history, Interpol agents, various government organizations and an array of weapons and explosives get mixed up with each other.

From the beginning, it is clear that Agent 47 is the best in the business. He is capable of stopping anyone that gets in his way, and accomplishes this with obvious ease and a steady hand. He must face many obstacles along the way due to being hunted down by Interpol, dishonest Russian government officials and even his own organization. However, he is always a huge step ahead, staying prepared for anything that comes his way, even the seductive Nika who he originally planned to hold hostage but ends up changing roles and becoming her rescuer. Agent 47 shows great discipline, never allowing himself to be outwardly tempted by her charms, and remains strictly business until his mission is complete.

Meanwhile, Interpol agent Mike Whittier is trying to figure out how to catch Agent 47 and uncover the mystery of the Russian government. Whittier has been tracking 47 for 3 years and

knows him extremely well, but is never capable of predicting how he will act on his assassinations. At the end of the film their relationship undergoes a surprising twist.

Hitman is packed full of slightly profound and witty comments that are tastefully inserted into the dialogue. These could have easily been overdone, as many action movies are often guilty of. Despite the hint of humor the film has a serious tone and the actors do a wonderful job of portraying the message to the audience. The film captures the attention of its viewers and keeps them engaged until the end by integrating a combination of fight scenes, explosions, and the interesting plot itself.

Although Hitman is based on an acclaimed video game, the audience can get away with being unfamiliar with the game and are able to appreciate and keep up with the film. It is a must see for everyone.



Chris Gardner's speech refreshingly different and humorous

By Holly Iverson
Staff Writer

Chris Gardner, author of "The Pursuit of Happyness," received a standing ovation before he said a single word to the audience in the Pauline Theatre on Nov. 7. The audience had high expectations for Mr. Gardner's speech.

When a man with a history like Chris Gardner's gives a speech, there's typically a pattern the speech follows. First, the speaker talks about his obstacles in life. His so-called humbling experience seems more like a cliché "rags to riches" story by a guest on a daytime talk show, and he actually comes across looking self-absorbed as he flaunts his deep pockets. He finishes his epic speech with the beaten-down phrase, "If I can do it, so can you!" As an audience member, you find yourself asking, "This is supposed to motivate me?" Thankfully, Chris Gardner is not the typical speaker.

It's an understatement to say that Chris Gardner faced extreme difficulties many Americans will never experience. As someone who has spent many nights in a subway bathroom, had his child torn from his embrace and wondered how many more times he could get back up after being knocked down, Gardner is the definition of an underdog. His experiences are the textbook examples of how life gets in the way. Gardner spared his audience the all-too-familiar lesson of why it's important to never give up, and instead, focused on his experiences.

This isn't to say that there weren't any lessons to be learned or that no one was moved by his speech, it's just that his delivery was refreshing. Gardner used humor, oddly enough, to explain some of

his experiences.

The police were called to Gardner's address one evening as a result of a domestic dispute, which led to one officer's discovery of Gardner's \$1,200 worth of unpaid parking tickets and ended in Gardner's arrest. "They put me in a jail cell with a murderer, a rapist and an arsonist. I'm in for parking tickets," Gardner recalled. When his cellmates asked him why he was there, he replied, "I'm in here for attempted murder, and I will try it again!" In response to the audience's laughter, Gardner said, "If ya'll got some parking tickets, you need to get out of here and pay them."

Gardner continued to use humor throughout his speech, especially to lighten some of his darkest troubles. During some of his toughest times, Gardner and his son were forced to spend their nights in subway bathrooms. His description of such events was, "We were on the Underground Railroad, Eighties style." Gardner told the audience the single, most important thing his son has ever said. One night his son looked at him and said, "Papa, you know what? You a good papa." When Gardner told a friend what his son had said, his friend replied, "Boy, if that don't get your fire goin', your wood must be wet."

Gardner seemed genuinely humbled by the obstacles life threw at him during his most difficult years. So what's the single, most important thing he feels he's done in his life? It's not the size of his house or the number of cars he owns, but rather something intangible. "The most important thing I've ever done is broken the cycle of men who aren't there for their children," Gardner said.



Traveller amazed by Bosnia's public display of religion

By Kate Leibrock
Staff Writer

During the summer of 2000, my seventh grade year, my mother and I decided to take a trip to Bosnia with our Church, St. James. I was nervous because all that I had really ever heard about Bosnia had a negative connotation. I pictured it as being a war-torn country that was in complete disarray. My thirteen-year-old self imagined women walking around with their hair and faces covered and the men gathered in groups, guns in hand.

Stepping off the plane in Banja Luka, Bosnia, I was immediately hit with the thick, smoldering heat. It was the first time I ever had to exit down the steps of a plane and walk across the runway to get to the airport. Expecting to find relief from the heat once inside, I was sadly mistaken. There was no air-conditioning in the airport and it was upwards of 100 degrees outside. Once I was able to somewhat adjust to the temperature difference, I noticed men walking around fully clad in their army fatigues. They each carried around an enormous machine gun that took both hands to hold, their right index fingers resting on the triggers. Bosnia was living up to the initial image I had of it in my

head.

After a five hour bus ride on bumpy half paved-half dirt roads, we arrived in Medjugorje, a small city in Bosnia (only about 4,000 citizens) where we were staying. To my surprise, the city not only looked civilized but it looked safe as well. There were, however, a few crumbling stucco huts and chickens running around but other than that, Medjugorje seemed quite pleasant.

We woke up the next morning to the sound of Church bells ringing in the distance. They were coming from St. James Church, which as I soon found out was the heart of the community. Medjugorje is a pilgrimage destination that millions of people visit in hopes of receiving spiritual guidance. It is a sacred location where the Virgin Mary is reportedly appearing and giving spiritual messages to the world through six local citizens.

It was a great change from where I was raised to see such a visibly spiritual community. Religion was the epicenter of Medjugorje. The average local dedicated at least three hours a day to prayer, most of them attending Mass at least once a day as well. Evidence of spirituality was apparent everywhere. Crucifixes adorned local restaurant entrances; rosary beads

were in the hands of nearly all who walked down the streets; outdoor Masses were held multiple times a day and in numerous languages.

I was used to seeing religion contained in the privacy of one's home and in the confines of religious buildings and establishments. I learned how important "Separation of Church and State" was to the United States when I was just in second grade. I always learned that religion should never really be publicly mixed into society. One Christmas, a small Nativity Scene was placed on my town of Milford's green. The next day there were swarms of people protesting this display of Christianity because it was on a public piece of land. The debate was even brought to court. This was the society that I grew up in, worlds away from the culture of Medjugorje.

My mother and I stayed in Bosnia for about a week with a local family and we were in awe of how the community members lived. They were so peaceful and they seemed completely in tune with how to lead respectful and beautiful lives. Most of them even grew their own fruits and vegetables and slaughtered their own meat. They took pride in preparing their meals and gave thanks for all of their blessings before eating. They woke up

early and rejoiced for the day ahead and tried to make the most of it. They worked honest jobs that were not surrounded with the scandal and hypocrisy that you see in much of Corporate America. Even though they were not wealthy by any means, they shared whatever they could with visitors and neighbors.

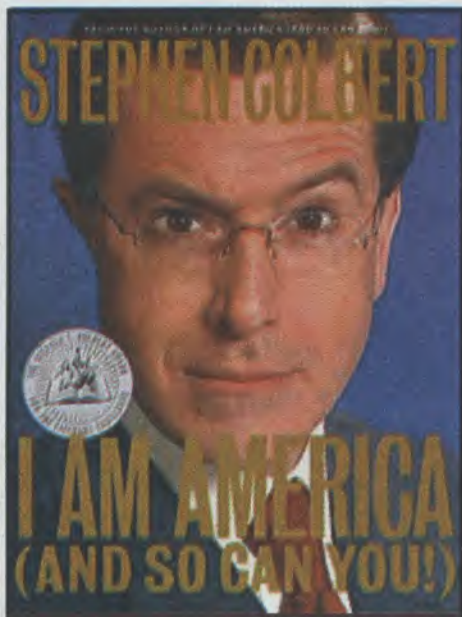
Although our trip to Medjugorje was short, I will carry the memories that I shared with my mother and the lessons learned throughout my life. This trip was an amazing experience and I learned an incredible amount both about myself and about other cultures. I learned not to hold prejudice against a culture I was unfamiliar with and not to base my opinions solely on what the media portrays. My initial image of what Bosnia was going to be like was the farthest from the truth and I was fortunate to receive such an appreciated culture shock so early in life.



A man who hates books is on the Best Sellers list

By **Samantha Tuthill**
Staff Writer

He has his own hit TV show, a Ben and Jerry's ice cream flavor, an Ontario Hockey League mascot named after him and now Stephen T. Colbert can add his own book to his list of accomplishments. Sitting at the No. 1 spot on the New York Times Best Sellers list for hardcover non-fiction, "I am America (And so can you!)" has captivated readers across the country. Covering such topics as the media, family, religion, science and higher education, Colbert gives his opinions with a slew of made-up facts to back them up. It's like he said at the 2006 White House Correspondents' Dinner where he was an after dinner speaker, "I don't trust them [books]. They're all fact, no heart." Have a hard time remembering all of the Correspondents' Dinner speech? Don't



worry; it's in the book. So what's a man who hates books doing writing one? Don't worry, members of Colbert Nation, there's no hypocrisy here. Colbert claims that the book was not written by him, but rather recorded by him and handed over to his agent. That way America could get the rest of the opinions that he doesn't have time to cram into the 30 minutes he's allotted for the Colbert Report. There's more to this book than just reading, too. It also has fun activities to keep you involved in the lessons that he tries to teach. For example, in his chapter on the elderly (tactfully titled "Old People"), there's a maze in which you can help an old man find happiness. You have several endings to choose from including Werther's Originals, Florida and a call from his grandson.

There are many things about this book that could be considered controversial or offensive. In the chapter on race, Colbert includes a word search in which the reader is asked how many racial slurs appear. In small upside down print underneath the word search, which does indeed contain derogatory terms, the answer is printed as "Zero. Why? Do you see any, racist?" Or there's the chapter on religion, which explains why Catholicism is the only right religion and all other major religions are dissected and "proven" wrong. If you have a good sense of humor and can appreciate satire, then this book should be fun for you to read. Colbert plays the character on his show, and in this book, of an overly extreme right wing Christian that saturates himself in patriotism and denounces all liberal forms of media and entertainment. The point of Colbert's act is to satirize an extremist point of view. In doing so, he often makes valid points while providing good laughs.

So, if you're trying to figure out what class you may belong to, how to control your kids, why God doesn't love endangered animals, or the pH level of welfare, all while laughing out loud in a quiet room while strangers stare at you from across the library, then look no farther than "I am America (And so can you!)."

The Queen City night life takes the cake

By **Shannon Moran**
Staff Writer

Congratulations! You have survived midterms and fall break, and are now on the fast track to the last month and a half of fall semester 2007. If you've taken my advice from my past two articles, you have also traveled and survived the club and bar scene of not only classy High Point, North Carolina, but Greensboro as well. Well, I'm back and ready to tell you more about the club scene in the Piedmont, and this month I will be telling you all about the Queen City, Charlotte, N.C.

Though Charlotte's a bit of a trek compared to Main Street of High Point or Elm Street in Greensboro, this fast-paced, ever-growing city is building up faster than you can say Classy Club Triangle. Plus as I always say it's good to get away from town, even if only for a night or two. Downtown Charlotte has plenty of affordable hotels that are in the center of everything. One that my friends and I stayed in when I went down there to do my research is the Courtyard Marriott in City Center. This 19-floor hotel is situated right in the middle of the downtown scene with wonderful views of the Bank of America building on one side and mountains on the other. But let's get to the bars and clubs of the Queen City.

First we'll start with a local pub that's right across from the Courtyard Marriott. If you like the feel the bar from "Cheers" or the new ABC Family show "Greek," then The Graduate is just the place for you. This bar has everything from Greek Paddles situated around the bar, to great drink specials and entrées like the "Sorority Rush Burger." Plus on Mondays they have \$1 beers and karaoke night, and on Sundays, you better believe they have the Sunday Ticket, so if you want to watch something other than the Carolina Panthers, The Graduate is your spot.

For a club with a view, stroll on down to Tryon Street where you can find The Attic. This two-story has 1. Great drink specials; 2. A dance floor with a stage for awesome cover bands to play; and 3. An outside patio that has impressive views of The Hearst Tower and the Bank of America. Located on Tryon just a few blocks from The Attic is a great Irish bar by the name of Rira. This two-story gem has three bars, two dance floors, plasma screen televisions and a patio that looking out on the center of downtown. One of the bars is equipped with comfortable couches and window seats. With splendid drink specials and an awesome atmosphere, Rira is by far the best bar in my eyes in Charlotte. But don't take my word for it, see for yourself. However, The Attic and Rira have very strict rules when it comes to fake ID's and you have to be 21 to get into both, so your Kinko's paper fake will not do here.

So head down 85 and check of the Queen City's night life. Until our next issue, drink safely and responsibly, Panther Brothers and Sisters!

H.I.M. will make you want to scream; Keys has "cure for bad days"

By **Lauren Croughan**
Staff Writer

- Backstreet Boys- Unbreakable
- If you don't like soul searching ballads or thirty year old versions of pop stars, than skip this review. I love this album. It felt like the first time I heard them almost 10 years ago! "Never Gone" their previous album was disregarded, but critics are loving "Unbreakable" so someone may give them a second chance. All four of them contributed to the song writing, and did so quite gracefully. This album is why they still are around, they still have talent.
- Final Grade- A-
- Alicia Keys- As I Am
- The most humble diva is back! This album is so good; I want it to win as



many Grammy's as there are categories for it. Each vocal brings tears to your eyes in happiness and the music makes you want to sing as loud as you can without breaking too many windows. The upbeat lyrics spout a fountain of hope, love, and joy! She has found the cure for bad days in her usual fabulous fashion.



Final Grade- A+
The Eagles- Long Road out of Eden
So, this is probably the only country album I will review, and the only one I have reviewed. Why? Because it's The Eagles. There is a definite twang in the musical arrangement of the classical



Glenn Frey lyrics and Don Henley vocals. It is calming when it isn't heart tugging with saloon quality, and there are even songs that give off the jab-him/her-in-the-face-while-embracing-with-your-cowboy-hat feeling. It still is remarkably well done, even though country really isn't my thing. I enjoyed it.

Final Grade- B
H.I.M.- Venus Doom
Gothic Metal gods in their own right, H.I.M. is back with an incredibly well done album. It makes you want to scream along while not caring if you break too many windows. The rhythm is darker, and the lyrics more experimental. It does not have a crossover feel like their previous. You must be a rock fan to appreciate it.



Final Grade B+
receives an A++ for encompassing perfection in the form of music. Get this album now.

"In Rainbows" will not leave you high and dry

By **Samantha Hester**
A&E Editor

Radiohead - *In Rainbows*
The hypnosis of this album will make your skin crawl. Radiohead released their seventh studio album in a unique format. Fans can get *In Rainbows* in the form of a DRM-free download that the buyer chooses the cost of. Come December, you will be able to purchase the album in a deluxe boxed version which includes a double vinyl disc, a book, eight bonus tracks and two CDs. The album features songs that true Radiohead fans will recognize. The English gods of electronic art rock have been playing some of the songs off *In Rainbows* since the late '90s.

An avid Radiohead fan, I eagerly anticipated *In Rainbows*. I received nothing less than perfection. This album delivers music in typical Thom Yorke fashion - whimsical ballads and idiosyncratic sound effects. Yorke's voice has evolved - he is a romanticized siren. Prepare to search your soul after listening to "All I Need." With lyrics encompassing the struggle between complacency and need, "I'm a moth who just wants to share your light," how could you not fall in love with this album? There are no threadbare tracks on *In Rainbows*. After years of waiting to compile this ambiguous album, as are all Radiohead albums, the boys of Radiohead haven't lost an ounce of quality. The truth in the music is cannot be avoided - the purity in the sound is mesmerizing. *In Rainbows*



Upcoming Show

The Almost & The Starting Line
@ Greene Street Club
Tickets: \$16
Thurs. Dec. 6
*Doors open at 6PM

'Mind your P's and Q's'

By Robert Reid Goodson
Staff Writer



'Tis the season for lots of holiday drop-ins. In the south, nothing does the soul more good than sharing an afternoon or evening with friends and family. It's not so much what is being served, although that does help to make or break the party, but it is about the company of others. However, there seems to be a lost art of party etiquette.

For young men and women, first impressions are key. To make the best impression at parties, always remember to bring a host/hostess gift if you are invited to professors' homes or even gathering with friends. Always to remember to keep it simple, but elegant or meaningful. For instance, when going to a professor's home, a scented candle, a bottle of wine, cigars, or fresh seasonal flowers are appropriate -- never red roses. The host's gender determines what you will bring. Never bring anything that is distasteful or intimate. Keep it to the basics: food, flowers, candles, drinks, or a special memento. Include a personal note with the gift and make sure it is wrapped. Presentation is key.

While at the party, remember to watch your P's and Q's. How one acts is a reflection upon oneself as well as a reflection of one's family. Do not make a production of seasoning the food -- this can be construed as an insult to the cook. In addition, do not be the last guest to arrive or to leave. Use your own judgment in this. If the host has asked you to sit on the porch and drink some coffee, then you might be a while. However, if it is a drop-in, do not stay more than an hour. If dinner is served, finish dessert and stay 10-20 minutes after for good measure to show that you are not rude.

Finally, avoid controversial conversation topics of politics, money, and religion. You do not want to insult someone, or make anyone feel uncomfortable, and you certainly don't want egg in your face. Just remember to be yourself, compliment the host/hostess on the entertainment space, and be grateful that you have friends that care about you.

"My Grandfather's Son" lacks merit in the court of public opinion

By John Winn
Opinion Editor

Political memoirs, as a rule, are long on flash and bombast but short on substance. When they aren't busy portraying themselves as heroes railing against the Washington establishment or tragic messiah figures come to save America from itself, memoirists force their brand of ideology down the public's throat like an evangelist hoping to convince us of the rightness of his cause.

Thankfully, Supreme Court Justice Clarence Thomas's "My Grandfather's Son" has none of those issues. In a space of 300 pages, the author spends less time haranguing his readers and more time engaging in honest dialogue about race, class and twentieth century American politics. However, his decision to be economical with the truth regarding the 1991 sexual harassment charges against him casts a pall over "My Grandfather's Son," and that pall reduces the book to little more than an angry diatribe. As a result, what should have been a teachable moment for millions of Americans--white and black--is ultimately turned into little else than a whitewash, negating any worth the \$17 tome would have had.

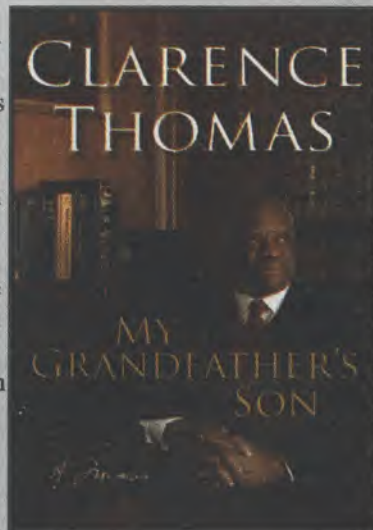
Starting in the rural hamlet of Pinpoint, Ga., Thomas retraces his life from his early childhood in a one room shack to his ascent into the halls of power in the nation's capital. When his father walks out on him and his mother, Leona, he is given up by her to be raised by his grandfather--a gruff, hard-charging man Thomas affectionately calls "Daddy."

Almost immediately, Thomas is thrust into a world built around hard work discipline and religious devotion--a far cry from the carefree environment he knew in the predominately Gullah-speaking region of the Low Country of Georgia. Although he initially rebukes "Daddy" for his stern discipline and use of corporal punishment--including beatings for minor infractions such as dress code violations--Thomas learns to appreciate his grandfather's work ethic and belief in Roman Catholicism. In fact, it is the liberal, Catholic nuns of the Pius X School in Savannah whom he credits with infusing him with the desire to become a priest, and later, a jurist.

However, in the segregated South of the 1950s and 1960s, the odds of a black child--any black child--rising above his or her circumstances are slim, made slimmer still by white resistance from within the Church and without. But with hard work and luck (or is it divine intervention?) Thomas does exactly that, propelling himself from the mean streets of Savannah to the gilded halls of Holy Cross and Yale Law School. Along the way he learns bitter lessons about racism, white guilt and affirmative action. But the object

of greatest ire for him is the quota system, a subset of affirmative action that set aside a certain percentage of seats at colleges, universities and business for minorities, regardless of their academic or professional proficiency. It is this policy, Thomas believes, that has harmed black men--and women's--ability to excel academically as well as economically by sacrificing quality in the name of addressing perceived slights, reducing them to little more than token blacks.

The issue of affirmative action is such a sore spot for the Supreme Court justice that he devotes nearly 30 percent of the memoir to it, arguing that it is racist, outmoded and unconstitutional. The structure of his argument--and the informal, conversational tone in which it is produced--speaks well of his ability as a polemicist, to say nothing of his skills as a lawyer and judge. Yet when it comes to the sexual harassment charges of Anita Hill, which dominated his confirmation to the Supreme Court hearings, Thomas is terse, devoting less than 20 pages to it overall, mostly excerpts from speeches, press releases and other materials. That he is unable to address or account for the allegations against him, 16 years later, speaks volumes about his character. While Anita Hill's account of the events can be seen as trashy and ephemeral, given Thomas's status as a public figure, the burden of proof falls squarely on his shoulders, and the fact that he doesn't deliver is a disappointment. "My Grandfather's Son" may be an enjoyable read, but it lacks merit in the court of public opinion.



"The Water Engine" experience can never be duplicated

By Camara McLaughlin
Staff Writer

Chill-inducing hard rock music, eerie makeup, dark costumes and murder all make High Point University's production of "The Water Engine" by David Mamet creepily unforgettable.

This play, set in the 1930s Chicago, follows the story of an amateur inventor named Charles Lang, played by Sean Scurlock, who develops an engine that runs on water. He hopes through patenting it he will make his fortune. With his fortune, he and his blind wife Rita, played by Lindsay Beltrame, will move out of the city to a peaceful farm. Unfortunately for Lang, others in the story want his engine for themselves, including his patent lawyer Gross, Eliza Walmsley, and her murderous, monotone-voiced colleague Oberman, Nikki Eak. Lang refuses to sell the rights

to his engine, and when his laboratory is wrecked, he sends the engine plans to a local boy. When Oberman finds this out, she kills both Lang and Rita. The show ends with the cast marching by their dead bodies to Marilyn Manson's version of the Eurythmics' "Sweet Dreams."

"The Water Engine" was originally written as a radio play. To preserve this quality onstage, an announcer read all of the stage directions, and all actions were mimed. There were sounds to go with the characters' actions. No props were used in accordance with radio plays. All but three of the actors played multiple characters. The actors did a remarkable job in their different roles. Eliza Walmsley, Nikki Lawson and Ashley Dillard showed great skill in their abilities to transform themselves into clearly different characters.

It was clear at times that the audience was unsure of how to react. The

heavy music combined with the harsh metal platforms of the set and the odd characters gave off a feeling of dark gravity. When comic moments came about, the audience did not know if laughing was appropriate. Despite the uncertainty, the play did pull in the audience. An audience member whispered, "Oh no!" when Oberman pulled her knitting needle out of her hair. Oberman had previously killed a woman with her needle. When she did it while Lang and Rita were captured, the audience knew and was fearful of what she was going to do.

"The Water Engine" is a complex story that was done in a way that is unlike any regular, run-of-the-mill show. The HPU student cast did a great job in the production. While the audience may not have understood everything, it was at least left with a theater experience that will never be duplicated.

A movement of love has begun

By Samantha Hester
A&E Editor

They're helping to put an end to a disease that is spreading like a whirlwind of fire.

To Write Love on Her Arms is a non-profit movement grounded in presenting hope and finding help for those struggling with thoughts of suicide, addictions, depression and self-mutilation. This is a group solely dedicated to inspiring those who are hurting.

Suicide is the third major cause of death among high school and college students. According to experts, 4 percent of the population injures itself. Until 1996, this was an under-the-table problem. It wasn't until Princess Diana came out and admitted that she'd struggled with it

that people began studying it. Self-injury can include: cutting, burning, picking or interfering with wound healing, infecting oneself, punching/hitting self or objects, inserting objects into skin, bruising or breaking bones, and some forms of hair pulling. Contrary to popular belief, this isn't typically a suicide attempt, nor does it necessarily mean the person is contemplating suicide.

TWLOHA began with one story involving a girl named Renee. She struggled with drug addiction, self-injury and thoughts of suicide. A drug-treatment center wouldn't accept her, calling her "too great a risk." The loving people who would go on to start the movement took it upon themselves to take care of Renee for the next five days until she went into rehab. Her story is one of bravery, pain, patience and love. It was her courage, and a film

about Johnny Cash, that started TWLOHA -- Renee inspired something that has evolved into a movement that has millions of supporters.

The t-shirts they sell started out as a way to pay for Renee's rehab. Today, millions of young people and musicians alike wear the message "Love is the Movement."

This organization is one that is passionate about loving those who are hurting and helping them in any way possible. This is an organization that saves lives on a daily basis simply by providing hope. At To Write Love on Her Arms, they believe that rescue is possible and are committed to communicating hope to others who know the daily struggle of living in a broken world.

SHE HAS KNOWN SUCH GREAT PAIN, HAUNTED DREAMS AS A CHILD, THE NEAR-CONSTANT PRESENCE OF EVIL EVER SINCE. SHE HAS FELT THE TOUCH OF AWFUL NAKED MEN, BATTLED DEPRESSION AND ADDICTION, AND ATTEMPTED SUICIDE. HER ARMS REMEMBER RAZOR BLADES, FIFTY SCARS THAT SPEAK OF SELF-INFLICTED WOUNDS. SIX HOURS AFTER I MEET HER, SHE IS FEELING TRAPPED, TWO GROUPS OF "FRIENDS" OFFERING OPPOSITE IDEAS. EVERYONE IS ASLEEP, THE SUN IS RISING, SHE DRINKS LONG FROM A BOTTLE OF LIQUOR, TAKES A RAZOR BLADE FROM THE TABLE AND LOCKS HERSELF IN THE BATHROOM. SHE CUTS HERSELF, USING THE BLADE TO WRITE "FUCK UP" LARGE ACROSS HER LEFT FOREARM.

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Students open business, manage coffee shop

By Pam Haynes
Editor in chief

A white sign illuminated on a green building glows with the words, "The Perfect Blend" in the Main St. square of Lexington. At the end of the night, Madison Davis, a junior elementary education major at High Point University, sits in her office at the back of the coffee shop, paying the bills and tending the books. Tyler Prevatte, her boyfriend of seven years and an Evening Degree Program business major, sits in his office to the right, ordering stock and counting the earnings after a day of classes and operating the couple's new business. They both know another long day awaits them tomorrow.

Davis, twenty, will head to school in the morning while Prevatte, twenty-one, runs the shop. When her classes are finished, she will take over the shop while Prevatte attends his classes.

"Sometimes it's hard," Davis said, plugging away at school work on her laptop while working in the shop at the same time. "But it is exhilarating to know that we are doing something so big at a young age."

But why coffee, why Lexington, and why now?

Natives of Lexington, the couple wanted to bring a new setting to their town.

"Right now, we feel like this coffee shop is meeting a need in Lexington by providing a place to relax, enjoy the company of others, and drink great coffee," explained Davis. "I think our shop has a more homey and welcoming atmosphere than places like Starbucks. Our espresso drinks are also made with a traditional grinder and a traditional espresso machine, unlike most chain coffee shops."

After brainstorming over the idea for a few years, the couple finally decided to use their savings, earned by working several different jobs over the past four years, and dive into the coffee industry. They began by visiting roasters, and found what they were looking for at ___ in South Carolina.

"We took a tour, observed beans being roasted, and did some sampling," Davis said. "Our roaster made a blend of two different coffees that we really liked. We sampled it and let our friends and family sample it. Then we knew we wanted it to be our house blend."

Thus came the name "The Perfect Blend." Along with their house coffee, they serve Dominican coffee, African coffee, organic and fair trade blends, fruit smoothies and hot cocoa.

But perfect blending can be found in more than just their coffee.

The couple opened the shop on Sept. 1, confident that their past employment history had taught them enough to guide them through the beginning. As a high school student, Prevatte ran a small landscaping business, worked in furniture warehouses, and was a manager at a powder coating paint facility. Davis worked as a personal assistant for a local home decor business. After all of that experience, the couple, particularly Prevatte, came to one conclusion: they wanted to be their own boss.

"I didn't like not being in control," said Prevatte while standing in his shop, customers chatting over coffee, the ring of the cash register chiming in the background. "I like being able to make decisions and following through on things."

With Prevatte leading the business in a logical sense, Davis calls on her intuitive personality to handle the more emotional and abstract side of the business.

"Tyler is logical while I'm more of a feeling person," said Davis, who plans to finish her elementary education degree with the hopes of eventually teaching during the day and working in the shop at night.

She also took on the task of the decorating the shop herself. Stripes of pale yellow, teal, faded red, brown, and baby blue are the pattern for the wall adjacent to the street. The other three walls carry over the pale yellow and teal colors. Mismatched polka dot china plates are mounted on the wall, and tall lamps with cylinder shades and short lamps with square shades adorn the bench along the window that faces the street.

Besides the decorations, which are changed to match every season, Davis also loves her customers. "Customers are my favorite part of the job," she states with a smile. "There are more interesting people in Lexington than you can imagine."

Those customers flow in throughout the day, from 7 am until 8 pm on weekdays and 10 pm on weekends. Local reporters, tattoo artists, lawyers, soccer moms, and everyone in between make their way into the shop for their daily dose of the perfect blend of coffee. The business has been steady since their opening day.

At the end of the day, when the customers go home and the shop is quiet, one thought circles through Prevatte's head. "I finally get to make my own decisions and do what I want," he says with a sigh of relief. "We might even expand to local areas in the future."

And after all those years of dating, working through school, and saving money, the risk that Davis and Prevatte took has shaped their lives into the perfect blend of working hard and loving it.



Left: Madison Davis mixes a white mocha latte in The Perfect Blend, the coffee shop that she and boyfriend Tyler Prevatte recently opened. Above: Davis and Prevatte stand in front of their register in the shop. Right: Prevatte hands coffee to a daily customer.

Photos by Pam Haynes

New English Honor Society Members Inducted



Sigma Tau Delta, an international English honors society founded in 1924 recently inducted six new members. The following people were inducted for achieving excellence in English.

From left to right: Meagan ++Newman, Allison Decker, Sara Parrish, Cole Atkins, Cathy Caudill and Lezlie Stephenson.

Photo by Jesse Kiser

Writing opportunities numerous on campus

By Jenna Abriola
Staff Writer

Do you like reading and writing? Do you want more chances to share your creativity or hear a little bit of other's wisdom? If so, there are several opportunities at HPU.

This fall's annual Phoenix Festival introduced the campus to hundreds of high school and published writers who gathered along with university students to share and better each other's work. Submitting short fiction or poetry earns you a spot in a workshop where you learn key aspects to keep your writing fresh as well as the opportunity to have your work commented on by talented workshop leaders. If you missed this year's Phoenix Festival, there are still opportunities for the HPU writer occurring throughout the rest of this year.

The Writer's Club is up-and-coming this semester and looking forward to hosting workshops as well as presentations from published writers, beginning with several of HPU's own faculty such as Dr. Marion Hodge and our president Nido Qubein. The Writer's Club meets Wednesday evenings and anyone interested should contact Abby Wood at wood05@highpoint.edu. The club hopes to become an outlet for writers on campus to share work, receive feedback and maybe even some inspiration for future pieces.

The university's annually published literary journal, Apogee,

is looking for submissions this year before the end of the semester. If you are interested, don't hesitate to submit because submissions are due by Dec. 6. Being published in Apogee is a great opportunity to get your ideas out to the High Point community and a great place to start for aspiring writers. The journal will be available to members of the High Point University community in the spring semester.



If you are interested in sharing your work with an audience or just being a part of that audience, then be on the lookout for open mic nights occurring on campus. The English honors society Sigma Tau Delta hosted an open mic night Nov. 26, and there are more to come next semester. Previous open mic nights have included readings from HPU students and faculty as well as musical performances by a local drumming group.

Even if you have never before shared your musical or poetical talents, don't be shy. A small, intimate setting like an open mic night is a great place to start showcasing your talents.

On a small campus like ours, the cultural setting is something that the students have the ability to create. The events and clubs for writers all depend on involvement from students. If you are someone who enjoys writing or maybe just want to give it a try, get involved in the opportunities on our campus. If you want to see more events in the literary community at High Point University, then be a part of making them happen.

Word on the Street

Compiled by Pam Haynes

The speaker for the spring commencement was recently announced to be Supreme Court Justice Clarence Thomas. Due to his controversial politics and background, students were asked what they thought of this selection for commencement speaker.



Rafiq Patterson, senior:

"When a person speaks at graduation, you should be able to look up to that person. I can't look up to a man with that background."



Patrick Devine, senior:

"I was shocked to hear that Supreme Court Justice Clarence Thomas would be speaking as he is an extremely polarizing political figure. I only hope that his remarks confine themselves to personal experiences; otherwise his views on topics such as prisoner's rights, affirmative action and women's rights and would not only go without rebuttal, but could mistakenly be associated with the views of our institution."



Luke Whitehead, senior:

"I think it's wonderful to have Clarence Thomas. It is taking a new step for the quality of speakers that we have brought here. He's firm, stands up for what he believes in, and doesn't back down."



Sage Dunston, junior:

"With the ultra-conservative Supreme Court Justice Clarence Thomas coming, it is going to seriously hinder the prospect of any progressive to come to HPU in the future."



Austin Horton, sophomore:

"For as diverse and unified as the university claims to be, why would we take that step back by bringing Clarence Thomas here?"



Ericka Norris, senior:

"I think it's a slap in the face for all women and feminists in the country."

On the run, continued from pg. 1

and World Christianity and professor of history at Yale University. The topic of this seminar, listed as Religion 411 in the academic catalog, will be Global Christianity.

The Keller Visiting Scholar in Religion Program was established by H. Thomas and Rosemary Keller of High Point in 2001. The program brings internationally-known scholars who teach a 400 level independent study in their specialty

Professor Sanneh is the author of over 100 articles on religious and historical subjects and of several books. Most recently he has published "Abolitionists Abroad: American Blacks and the Making of Modern West Africa" and "Faith and Power: Christianity and Islam in 'Secular' Britain" (with Lesslie Newbigin and Jenny Taylor). He holds a Ph.D. in Islamic history from the University of London.

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HP Literary League celebrates anniversary

By Pam Haynes
Editor in chief

The Literary League of High Point, an organization aimed at promoting literary culture to the city of High Point, is celebrating its 25th year of bringing best-selling authors to the community.

The first board meeting of the league was held in January of 1981 when 13 local book clubs sent representatives to inquire about the organization. On March 4 of that year, the first event was held at Emerywood Country Club with Walter Spearman, a journalist from Chapel Hill and member of the North Carolina Writer's Hall of Fame, as the moderator. The first guest authors were the novelist John Yount, who wrote "Trapper's Last Shot," and Civil War historian Burke Davis Jr., author of "Sherman's March."

There are over 400 members in the league with a waiting list to gain entrance.

"The contribution to our community has expanded from bringing High Point the best of contemporary authors to endowing a scholarship to HPU for writing," said Mary-Lynn Moore, publicity co-chair for the League.

Under the leadership of Helen Mounts in 1986, the League first endowed a scholarship at the university for an

outstanding female student in the field of writing. The scholarship includes the areas of journalism, English and creative writing. To date, about \$30,000 has been contributed to over 23 students.

Five board meetings are scheduled each year for the league to prepare for the two annual guest speakers that the group brings to the community - one in the spring and one in the fall. Past speakers have included the popular novelists Nicholas Spark and Clyde Edgerton.

The most recent speaker, Sharyn McCrumb, visited the league on Oct. 17. McCrumb wrote "St. Dale," a novel about a group of unlikely friends who follow the Dale Earnhardt Memorial Pilgrimage, finding inspiration in the legacy of Earnhardt.

The next speaker hosted by the league will be Eric Larson, who wrote "The Devil in the White City: Murder, Magic, and Madness at the Fair that Changed America," a narrative centering on a psychopathic killer who preys on young women attending the 1893 Chicago World Fair. Larson's novel, a riveting read, was a critical success and a blockbuster bestseller.

Larson will be presented at the League's spring luncheon on April 30.

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Don't miss these upcoming holiday events...



Lessons and Carols Candlelight Service

Dec. 5 at 6 p.m.

Hayworth Chapel

High Point Museum's Holiday Open House

Dec. 2 from 1-4 p.m.

High Point Museum on Lexington Avenue

High Point Ballet Presents *The Nutcracker*

Dec. 8 at 2 p.m. and 7:30 p.m.

Dec. 9 at 2 p.m.

Dec. 13 at 7:30 p.m.

Hayworth Fine Arts Center

Purchase tickets at Hayworth Fine Arts Center

Box Office one hour prior to performance



The staff of the *Campus Chronicle*



wishes all of our readers
Happy Holidays!

Final Exam Schedule for the fall 2007 semester:

Saturday, Dec. 8:	10:00 MWF	8:30-11:30 a.m.
	1:00 MWF	1:30-4:30 p.m.
Monday, Dec. 10:	9:30 TTH	8:30-11:30 a.m.
	12:00 MWF	1:30-4:30 p.m.
Tuesday, Dec. 11:	8:00 TTH	8:30-11:30 a.m.
	12:30 TTH	1:30-4:30 p.m.
Wednesday, Dec. 12:	9:00 MWF	8:30-11:30 a.m.
	2:00 TTH	1:30-4:30 p.m.
Thursday, Dec. 13:	11:00 MWF	8:30-11:30 a.m.
	8:00 MWF	1:30-4:30 p.m.
Friday, Dec. 14	2:00 MW(F)	8:30-11:30 a.m.
	all other times	1:30-4:30 p.m.

Good luck!

Recycling program comes to campus

By **Jenn Hastings**
Staff Writer

Plastic water bottles. Aluminum foil. Soda cans. Old papers. Newspapers. Phone books. What do these things have in common? We find them in the trash every day, despite the fact that 75% of what we throw away is recyclable. Too often, we throw everything away instead of recycling what we can. One reason might be because we have not had the resources to recycle. That is about to change here at High Point University. This winter we will be bringing back what started in the United States in 1890 -- a recycling program.

Paper, aluminum, metal, plastic, and glass can all be recycled in the city of High Point. The awesome thing is it does not have to be separated. This makes it so much easier for us to do our part in helping to make the world a little greener.

The University formed a committee this semester and charged them with the task of bringing recycling to our campus. The committee is made up of a combination of faculty, staff, administrators, and students. After working with the city of High Point and arranging to start a recycling program, the committee identified the areas of campus on which to put containers, decided what type of containers to get, and formed a plan to educate the university community.

Currently there are two phases in the works. Before Christmas break, Phase One will be put into effect. Containers will

be placed around campus in high traffic areas and in all academic buildings. This includes faculty offices, copy rooms, and areas where a high volume of printing takes place. In Phase Two, which will begin after Christmas break, containers will be located in all student housing areas.

The education sub-committee has worked to come up with ways to educate everyone in our university community, including faculty, staff, and students. The major kick-off will happen the first week back to classes after the holiday break. It will include information and give-a-ways, and will be featured at the January 8th men's basketball game.

The recycling committee is hoping that everyone on High Point University's campus will make the effort to recycle. It is just as easy to recycle something as it is to throw it away, but the benefits of recycling are much greater. We can be proud that our University community is doing our part to take care of our earth.



Criminal Justice field offers students hands on "Police Academy"

By **Nicole Garneau**
Staff Writer

The Citizen's Police Academy is just one exciting reason to join the field of criminal justice. It is a one credit class that is held at the police department, once a week, for one semester. It is an excellent way to find out first hand what an average day as a police officer is like. As a criminal justice major I have completed the academy and wanted to share some of my experiences.

One night we participated in building searches. All of us got a chance to wear an authentic police vest and belt. The police officers showed us step by step how to conduct a building search, then we got to try it on our own. They had one student hiding in the building, and we had to find them before they found us, which was much harder than we thought it would be.

Later in the semester we got to drive a cop car. We went over the mechanics of motor vehicle stops, then got to "arrest" the police officers. We went through many different scenarios, and it got more interesting as the night went on. We learned that a traffic stop is not always just a traffic stop. You have to be alert and ready for anything.

One Saturday afternoon we went to the shooting range to test our skills. We saw a TACT team and sniper

demonstration, and had a cookout. We all got a chance to have one-on-one instruction from an officer on how to shoot a gun. Then took about ten shots at a non-moving target.

My favorite part of the whole experience was being able to participate in a ride-along with a cop. We all chose different nights to ride with an officer for part of their shift, to see what being a cop is all about. We got to go on all their calls with them. I got to be right in the action as we posted on the perimeter for an armed robbery, staked out a drug house, and arrested someone with a warrant over his head. I actually stayed longer than I was supposed to because I was having so much fun.

Other topics we focused on were death investigation, K-9 training, defensive tactics, crime lab, and hostage negotiation. The only requirement for the class is to write a short summary to share what you have learned and to evaluate the program.

Anyone can participate in the program, but criminal justice majors get selected first. I recommend the Citizen's Police Academy to anyone who is interested in criminal justice. It is a great way to get hands-on experience in the field. For more information contact Dr. Little.

YOU ARE INVITED...

The High Point University *Writer's Club* would like to invite anyone interested in writing in any discipline. From the novice to the published author, playwright, poet or sonneteer whatever you aspire to write. We welcome you to take part in the HPU writers club. Our goal is to foster an environment that will not only enable but also to inspire your writing and enhance your writing experience. Regardless of your ambitions and goals, you will find like-minded writers and stimulating fellowship in The HPU Writers Club. Come celebrate the craft of writing with us. You'll make new friends and will learn something new about the creative process. You will enhance your writing experience, stimulate your imagination, and enjoy exciting opportunities.

We meet Wednesdays at 7 p.m. Please e-mail Abby Wood at wooda05@highpoint.edu for more information

Open Mic Night



Preston Waltrip, Jr., sophomore, plays his guitar at Open Mic Night, which was held in the cafeteria on Nov. 26. Photo by Mike Nuckles

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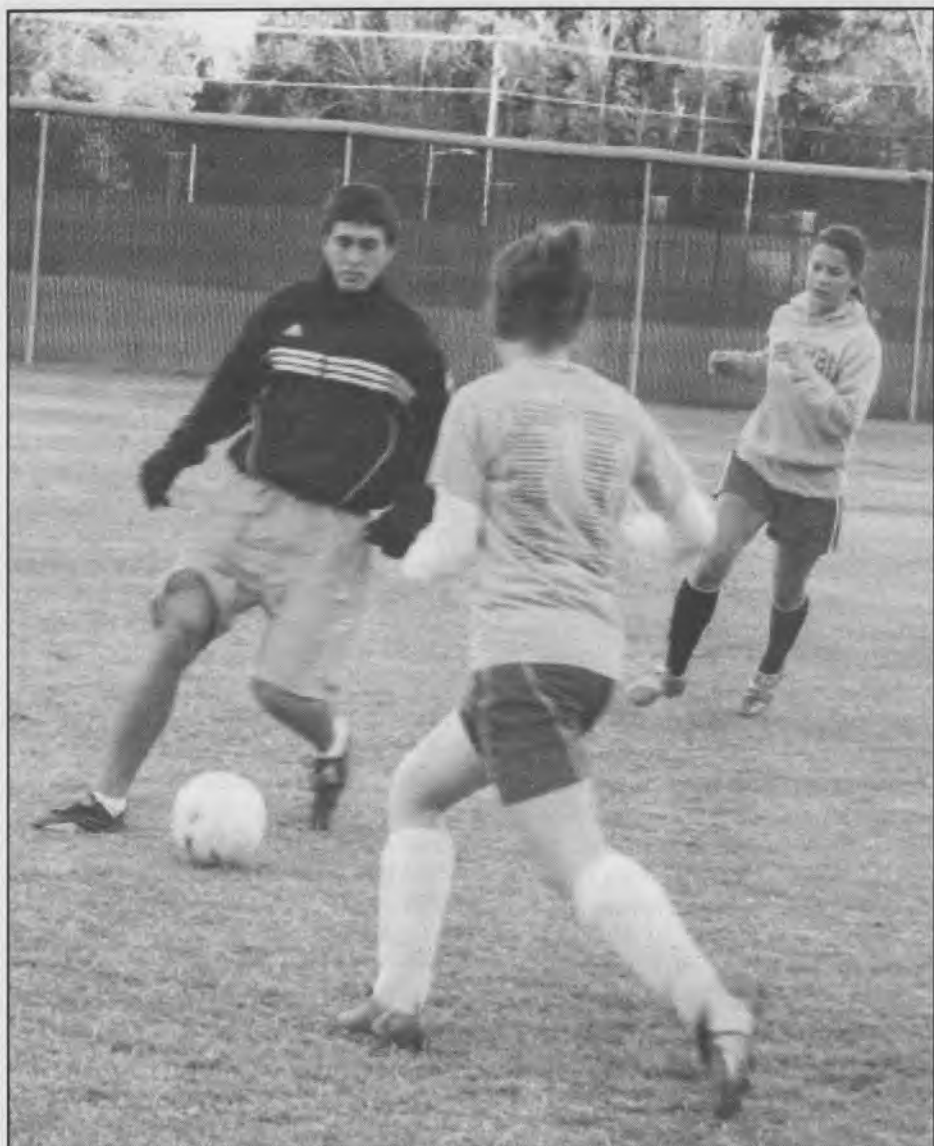
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Junior Josh Fox of co-ed intramural team Lucky Charms dribbles past a defender from Soccer Moms. Fox is second on his team with two goals this season. Photo submitted.

Keeping up with IM sports

We are now well into the fall outdoor soccer season, and some teams are starting to pull away from the pack. In the co-ed/women's division, Lucky Charms and AGD/ZTA are still undefeated. The men's division has The God Squad, High Point FC and Theta Chi A undefeated, while Pike A has lost just one loss, falling to Theta A by four goals.

To keep up with the standings, visit HPURec's website, at <http://hpurec.highpoint.edu>.



Junior midfielder Brandon Young winds up for a shot during pre-game warm-ups at the Dick and Peg Vert Track and Soccer Stadium. Young and his teammates finished the 2007 season 5-13-1, but only graduated one senior. Photo by Jesse Kiser.

Men's soccer ends season with first-round tourney loss

By Mike Nuckles
Sports Editor

A season of youthful hope met highs and lows this year for the men's soccer team, but its slate ended on one of those low notes in the first round of the Big South Conference Tournament. The season closed the same way as 2006, the Panthers losing by three goals to Winthrop.

The team, which finished 5-13-1, had several players take regular season honors. Freshmen Scott Rojo and Adam Hatem as well as sophomore Hilaire Babou earned Second-Team All-Big South honors, while Rojo, Hatem and Michael Saryee were

named to the All-Freshman Team. Senior Cole Atkins earned a place on the All-Academic Team. Saryee was also named to the All-Conference Tournament Team.

Dustin Fonder finished his first season as head coach on something of a sour note, with his team losing its final seven matches, after winning five of seven in the middle of the season, losing only to Winthrop and NC State during that stretch. He will look to build on 2007 next year, with the vast majority of his team returning, including all but one of his regular starters (captain Josh Windley). The team also graduated supporting cast Atkins, Harry Wilkes and Gordon Smith.

Women's basketball falls to UNC-Wilmington, starts season 3-3

By Mike Nuckles
Sports Editor

The women's basketball team has come out of the gates firing in 2007-08, winning three of its first six games. Notably among those wins was a Nov. 19 away win at East Carolina.

Most recently, the team fell to the Seahawks of UNC-Wilmington despite a 15-point lead in the first half. Freshman Jurica Hargraves led all scorers with 19 points.

One season after winning the Big South regular season championship – and earning a large banner to hang in the Millis Center – the team has a ton of young talent. Leading the way is freshman guard LaTeisha Dean from Virginia Beach, Va. She is the leading scorer on the team with 11.2 points per game, while sophomore Ashlee Samuels is leading the team in rebounds at 7.4 per contest. Amber Manuel, senior, has chipped in with 7 boards a game.

Already, injuries have affected the Panthers, losing Caitlyn Thys at the beginning of the season. Manuel has missed one game this year, and has seen somewhat limited action the rest of the season.

Other players that have contributed this season include freshman Mackenzie Maier, averaging 8.4 points per contest, and Amy Dodd, who scored 18 on Nov. 24.

The Panthers will next hit the court tonight against Campbell at 7 p.m. at the Millis Center.



Men's basketball sputters to 2-2 start

By **Bryan A. Rothamel**
Staff Writer

The men's basketball team had a 2-2 record through the Thanksgiving holiday.

The four early games have seen a mixture of lineups with foul trouble and preseason injury. "We are learning a lot about our team and roles are beginning to be defined. We are still trying to develop more depth in the post to compensate for the loss of Jerald Minnis." Coach Bart Lundy says about the young season.

On Nov. 19, the Panthers took advantage of undermanned Warren Wilson College. Leading as by many as 73, HPU won 93-23 behind 15 points from senior guard Mike Jefferson. WWC never lead and had only 10 points through the first half. Senior center Cruz Daniels blocked three shots.

The trip to Seattle for the Dick's Sporting Goods NIT Season Tip-Off ended with a 76-53 victory over New Jersey Institute of Technology on Nov. 15. The Panthers, led by an 11-rebound performance from Daniels, never trailed in the game. It was the consolation game because HPU was defeated by Utah in the opener the day before.

HPU lost 77-64, despite four three-

pointers from Jefferson. The Panthers were undersized compared to Utah's 7'1" center, Luke Nevill. Leading High Point in scoring was Arizona Reid with 19 points along with 10 rebounds. Nevill lead Utah with 18 points and 10 rebounds.

The season opener at UNCC on Nov. 10 was disappointing for the veteran HPU squad. Leading at half time by 1, HPU lost 61-55. Leading all scorers was Reid with 26. The Panthers topped their opponents in three-pointers, but they were outrebounded.

Preseason Big South MVP Reid has led the team in scoring for three contests, scoring 29 against NJIT. Reid also has led the team in rebounding three games with a high of 11 against UNCC.



Sophomore center Cruz Daniels slams a dunk during Mayhem at Millis held in early November. Photo by Jesse Kiser.

Not a surprise to many Panther fans is an increased role for sophomore guard Gene Harris. Harris is second on the team in minutes played and first in three pointers made. Last year Harris was a Big South Conference all freshman team selection.

The team lost one player to graduation and one to injury allowing increase rolls from incoming first years. Guard David Campbell shined in the season opener against UNCC with 29 minutes played, seven points and nine rebounds. Lundy was impressed with the guard's play saying, "He has played his way into a lot of important minutes." Lundy started Campbell two of the first four games. Campbell's four points per game is fifth on the team behind Reid, Jefferson, Harris, and fellow first-year Ibrahim Appiah.

The Panthers' upcoming games include a matinee at Longwood on Dec. 1 and a nightcap at Dayton on Dec. 5 before returning home. A three-game home stretch welcomes Johnson and Wales, Anderson and Savannah State to the Millis Center. To close out the semester break, HPU travels to Savannah State before ringing in the New Year at two-time, defending NCAA champion Florida. When classes resume, HPU hosts Florida Christian before starting conference play against rival Winthrop.

Volleyball squad ends year with 24 wins; young team has hope for dominant future

By **Stephanie Prasnal**
Staff Writer

It is the end of the season for the High Point University women's volleyball team, which had its most successful year in Division I play by far.

The volleyball team recently had a 10 game winning-streak, starting with the contest versus Elon University, but the skein finally ended against Liberty Oct. 26. The team was not sore about the loss because the game was filled with ties and battles, and the winning-streak was the best in the program's history.

That was not the only success that the Panther volleyball team has achieved. The team played Radford and won on Oct. 27. This win gave the team an overall 20-7 record for the season, and the 20 wins was a major accomplishment. This was the first time since the year 1996 and the first time since the team has been in Division I that the team has reached 20 wins.

The next triumph came in the game following the win against Radford. The team dominated A&T 3-0, making their record against in-state opponents a flawless 11-0.

The team had its next success against Coastal Carolina when they won the match 3-0, which made them 7-3 in the Big South Conference, which is a school record best.

High Point's volleyball team lost against Winthrop in the last home game. However, HPU finished in third place in conference standings and 12-0 against in-state opponents, and #3 seed for the Big South, before losing to UNC Asheville in five games in the first round of the Big South Tournament.

All of the successes support the fact that High Point has had a particularly good season. The coach thinks that there was a reason behind this change.

"The biggest problem was the change in culture. Before this year, the bred culture was accepting losing," said High

Point's head coach Chad Esposito. "We had to change our mindset. The bottom line is that we have to believe [and this year] we actually started believing."

Another great accomplishment is that Stephanie Wallin was the Big South Freshman of the Week on Nov. 5. This is the first freshman honor that High Point has received this season; however, it is the third honor that High Point has obtained from a weekly award.

On top of that, Kristina Taylor, Audie Gonzalez, Ashley Mellott, Julie Hershkowitz, and Lauren Hatch received attention at the Big South Awards.

"Taylor was on first team and the team captain. She was recognized for her leadership. Audie and Mellott were second team. Audie was the best all around, [while] Mellott did well when she stepped in for our injured player and she had the most potent offensive attacks per game," said Esposito. "Hershkowitz was one of the most consistent players, and Lauren [did well] balancing athletics with classwork."

High Point had an amazing year and received awards and honors, had various successes and accomplishments, and gained attention.



Junior Lauren Hatch serves during a home match. Hatch was named to the Big South All-Academic Team. Photo by Jesse Kiser.

Year-end statistical leaders
K. Taylor- 1438 assists,
41 service aces
A. Mellott- 392 kills
W. Kaltenecker- .354 hitting
percentage
J. Hershkowitz- 583 digs

CONTINUED FROM PAGE 16 — were named to the Second Team; and Rager was put on the All-Freshman squad.

"We came together and worked for each other. We worked so hard for those individuals who could not play this season. Everyone collectively stepped it up and worked so hard to win. Especially in (the conference) tournament, everyone worked even harder than ever before this season and played the best we have ever played," Torriero said.

Six seniors will graduate this year, but much of this year's core team, including Rager, Spotts, Abbott and sophomore Laura Eldridge will return next season to try to repeat on their conference championship.

Cross country finishes season at NCAA Regionals

By **Mike Nuckles**
Sports Editor

The men's and women's cross country teams finished up their 2007 season on Nov. 10 with 15th and 18th place finishes, respectively, at the NCAA Southeast Regional in Louisville, Ky.

Individually, juniors Tamas Kovacs and Zsanett Kis led the Panthers with 30th and 31st finishes. Kovacs was HPU's men's team's highest scorer in all but one meet this season, while the women's Kis finished off her first year at High Point with a flurry of success, which included finishing in the top five in all six events she ran in 2007.

Both teams finished second among Big South teams at the events. Liberty was the top-scoring BSC school in each race.

Regionals marked the final career race for three Panther seniors: Kate Atkinson, Sumiyya Hunter, and Danel Slaydon.

Tennis, track schedules announced

The men's and women's tennis and track-and-field teams recently announced their upcoming schedules.

The men's tennis team's highest profile meet will take place in Raleigh against Atlantic Coast Conference foe North Carolina State. The Wolfpack will host HPU on Jan. 19.

Jerry Tertzagian's women's team will begin their spring campaign at home on Jan. 29 versus Triad rival North Carolina A&T. They will also take on Chattanooga on the HPU campus on March 29.

In addition to playing the other Big South squads one time each, both men's and women's teams will host Winston-Salem State, UNC Charlotte, Wofford, Campbell, Hampton, and Presbyterian. The teams will go on the road to non-conference teams East Carolina, Gardner-Webb, UNC Wilmington, UNC Greensboro, Elon, and Appalachian State.

Coach Mike Esposito's track and field squads compete first tonight at the Liberty Kickoff. The majority of the indoor season, however, will be held in 2008.

Most notably, track will travel to Chapel Hill four times and southern Virginia thrice during January and February. The Big South Championships will be held at Clemson on Feb. 29 and March 1. The outdoor schedule begins on March 21.

College Cup at Carolina ends HPU's miracle season

By Mike Nuckles
Sports Editor

The women's soccer team recently finished its remarkable season in Chapel Hill with a 6-1 loss at nationally top-ranked North Carolina.

The goal — scored in the 55th minute by senior forward Amy Anzovino — was

the first ever scored in the NCAA Tournament by HPU in women's soccer history.

The team battled injuries and setbacks all season en route to the Big South Conference Championship and a berth in the NCAA Tournament. Coach Michelle Rayner was quoted in early November saying that her team suffered eight season-ending injuries, most notably to players

such as Marisa Abbott, Jillie Johnston, and Claire Poh, as well as injuries that some of the women played through such as the major arm injury senior Megan Fielden suffered late in the

The most satisfying part of season was taking the field against UNC knowing that all the hard work we had put in over the past few months had paid off and that we deserved to be where we were. — Laura Eldridge

We got through the injuries because we are such a close team. Out of my three years here so far, this is the closest we have ever been. We all have so much love and respect for each other. — Renee Hitchcock

The most satisfying part of the season was going undefeated at home and winning the Big South Conference. — Lauren Stockell

season.

"There is not one person who didn't step it up. When you suffer that many injuries, you have to step it up. Everyone worked so hard and for each other," Fielden said.

Before getting to the Tournament, the team first had to win the Big South. They did so in stunning fashion, eventually upsetting top-seeded Coastal Carolina, who had

previously defeated the Panthers 6-1 earlier in the season. That championship game was a 0-0 shootout victory for HPU.

Prior to that, the team beat #6 Radford in the quarterfinals and #7 UNC Asheville in the semis.

Freshman Sara Rager was named the conference tournament Most Valuable Player, while junior Carolina Carver and seniors Hannah Nail and Alex Torriero were also named to the All-Tournament Team.

Regular season award winners included seniors Torriero, Beckie Lesh and Jen Evans, who garnered First-Team All-Conference honors; sophomore Courtney Spotts and senior Abbott

STORY CONTINUED ON PAGE 15



Above, Beckie Lesh (right) and Laura Eldridge battle for possession. At left, Eldridge heads a ball away from a UNC forward. Below, Courtney Spotts throws in to Amy Anzovino. Photos by Mike Nuckles.



Raising the Bar: Soccer most successful HPU sport

By Bryan A. Rothamel
Staff Writer

Congratulations to the High Point University women's soccer team for winning the Big South Championship not once, but twice in four years. Coach Michelle Rayner and the rest of the soccer program have turned out some amazing results.

In a University where "results rule," Rayner's bunch has simply ruled. By far the most successful program in Division I history for HPU, the women's soccer team has excelled without enough attention. Even I, a self-proclaimed sports junkie, have not paid attention to what this team has accomplished. I have watched them more than any other team here, but have not truly appreciated what they have done.

This squad has experienced more obstacles than any team could imagine at HPU. Eight players went down with injuries, averaging one a week for two months. Losing the starting goalie, Marisa Abbott, in the Big South Tournament would be the equivalent of the men's basketball

team losing not only Jerald Minnis this year, but also Cruz Daniels. Yes, the goalie is that important. Luckily enough, Hannah Nail stepped in. In the Big South Tournament, Nail gave up one goal in eight shots over 260 minutes played. The Panthers won the championship game in a shootout, defeating Coastal Carolina 5-3. No goals were scored in 110 minutes of action.

To lose players can cause mass confusion on a team. When players are used to the normal starters, it is hard to adjust to someone new. This team has not cared who is in the jersey just as long as a Panther jersey is out there. "Impressive" is the first word that comes to mind to describe this group, but not the last.

And what did this amazing team get in return from us? Not much. They did not have a triumphant return. The buzz on campus was not, "Did you hear what happened?" You can bet your last dollar the talk would be different when the men's basketball team wins an away game.

I am not saying, "Take things away from the basketball team." Please

do not! That's my favorite season. What I am saying is the women's soccer team is due some serious kudos. Within one day of a Facebook group starting, 100 people pledged their allegiance to go to a basketball game against some no-name college. Fifty people did not sign up to go to Chapel Hill to watch the women's soccer team make it to their second NCAA tournament in four years.

This is becoming a trend with sports at HPU. Men's basketball under Bart Lundy has been successful. Now, other sports are catching up. Chapel Hill, defending national champions and long time women's soccer powerhouse thought HPU was an easy victory. At 6-1, maybe it was. But when Amy Anzovino's goal went into the net, the purple section made it the "high point" of the night.

I look at our other sports and see this is the trend now. We have a volleyball team that has less ex-

perience than Blessing Hall with first-year students yet still posts a 24-9 record. We have a baseball team returning all starters. Students, this is all talent. Soak it in and enjoy the ride to the top of the Big South, like watching another building go up on OA Kirkman. We will have more buildings and we will have more championships, guaranteed. Get ready: I think the women's soccer team for raising the bar.

